bowsprit (flagpole)

In the boat form of cyclohexane and related structures there are two ring atoms lying out of the plane of the other four; exocyclic bonds to these two atoms pointing in a direction roughly parallel to that plane are called bowsprit, the other two are called flagpole.

\[
\begin{align*}
\text{b} & \quad \text{f} & \quad \text{f} & \quad \text{b} \\
\text{f} = \text{bowsprit} & & & \text{f} = \text{flagpole}
\end{align*}
\]

Source:
PAC, 1996, 68, 2193 (*Basic terminology of stereochemistry (IUPAC Recommendations 1996)*) on page 2201