first-order phase transition

Synonym: discontinuous phase transition

A transition in which the molar Gibbs energies or molar Helmholtz energies of the two phases (or chemical potentials of all components in the two phases) are equal at the transition temperature, but their first derivatives with respect to temperature and pressure (for example, specific enthalpy of transition and specific volume) are discontinuous at the transition point, as for two dissimilar phases that coexist and that can be transformed into one another by a change in a field variable such as pressure, temperature, magnetic or electric field. Example: The transition on heating CsCl to 752 K at which it changes from the low-temperature, CsCl-type structure to the high-temperature NaCl-type structure. Synonymous with discontinuous phase transition.

Source:

PAC, 1994, 66, 577 (Definitions of terms relating to phase transitions of the solid state (IUPAC Recommendations 1994)) on page 583